

Acland's Video Atlas of Human Anatomy: a brief guide

An online platform of more than 300 narrated videos of real cadaver specimens, illustrating structural anatomy and forms of movement. The system supports both flash and non-flash devices.

Supported Browsers

Latest versions of Internet Explorer; Firefox; Chrome; Safari and latest editions of Android and iOS native browsers.

Content is divided into 5 volumes covering the key regions of the human body. If you would like some more information about what is covered by each volume then click on **About** in the Tool Bar Menu, and then on the Volume Descriptions links in the left hand column.

Navigation by Browse

You can navigate by selecting the volume and then a sub-region in a volume and then clicking on a specific video.

The length of each video is also indicated in minutes and seconds.

The selected video will open within the main Acland's window.

Once a video is selected, an expanded table of contents appears in the left-hand panel. You can use this list to 'Jump to' specific parts of the video.

Also provided in the left-hand panel are links to related videos.

Underneath the video viewing panel are the controls to start or pause a video; a running-time indicator; a symbol to allow you to expand the video to full screen; and a volume control button.

You can download a pdf transcript of a video's narrative by clicking **PDF Transcript** in the top right hand corner of the video display window.

If you wish to add specific videos to a Favourites list then the Add to Favourites button can be used. **Please note:** this will require you to create a personal account. To access your selected videos you will need to log-out of the Plymouth University log-in and then log-in to your personal account and then click **My Favourites** in the Tool Bar menu at the top of the screen.

Alternative ways to find videos.

There are two alternative routes to finding videos.

- 1) Use the Search box at the top of the page. Type in a key term and click the search icon.
- 2) Use the A-Z Index on the tool bar menu. Find and click on a term to display related videos.

Glossary

This link on the tool bar menu provides access to a glossary of anatomical terms.

Self-Testing

Each volume provides 2 options for self-testing via the Exams option on the tool bar.

Review Mode – there is no time limits, the correct answer is displayed after your response, and your test can be saved for later use.

Exam Mode – 60 second time limit per question, and correct answers are only provided upon exam completion.

In both modes you will be provided with links to the appropriate video if you give an incorrect answer.